

Cinder Rabbit



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www.CinderRabbit.com

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Hello and welcome to **Cinder Rabbit Activities**, a podcast recorded in fun and foggy San Francisco, California. I'm Lynn Hazen, a teacher and author of several books for children including *Mermaid Mary Margaret*, *Buzz Bumble to the Rescue*, & *Cinder Rabbit*.

Please listen in to my very first podcast to find out my inspiration for writing this book. You'll also hear a few discussion topics or story starters:

Using one or more of these prompts, talk about or write a story:

Has anyone ever laughed at you or teased you? How did you feel? What did you do?

What can you do when someone is mean to you?
Who can you talk to?

Have you ever been so frozen with fear that you couldn't move? What happened next?

In *Cinder Rabbit*, Zoe is worried about being laughed at *and* about forgetting how to hop. What do you worry about? What helps you stop worrying?

If you like, write a story with animal characters instead of humans. What happens in your animal story?

Draw a picture or two to go with your story.

Then share your story with a friend or family member.

Do you feel like getting physically active? Try hopping on one foot, then the other. Count how many times you can hop on each foot. Try again another day to see if you can build your endurance, balance and hopping ability.

Please drop me an email at www.CinderRabbit.com or www.LynnHazen.com with any listener questions, comments or other activity ideas to share. Thanks.

Cinder Rabbit's ears are wide open, perked and ready to hear from you.